

**Ramapo Indian Hills Regional High School District**

Ramapo High School  
(201) 891-1500, X-2275

Indian Hills High School  
(201) 337-0100, X-3375

**Physical Education Exemption**

Physician's report and request for a modified program for Physical Education.

Name of Student \_\_\_\_\_

Grade \_\_\_\_\_

Diagnosis \_\_\_\_\_

Can student participate in a modified Physical Education Program?      Yes                      No

Please indicate the activities the student can participate in. (Circle)

- Badminton
- Basketball
- Climbing Wall
- Exercise to Music
- Fitness Center
- Folk and Square Dance
- Games and Relays
- Golf
- High Ropes Challenge Course
- Indoor Soccer
- Paddleball
- Pickleball
- Pilates
- Power Walking
- Soccer
- Softball
- Step Aerobics
- Team Challenge and Adventure Course
- Team Handball
- Tennis
- Touch Football
- Ultimate Frisbee
- Video Exercise
- Volleyball
- Yoga

Modified program until: \_\_\_\_\_

Physician's signature \_\_\_\_\_

Physician's printed name, address & phone number.