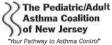
## Asthma Treatment Plan – Student

(This asthma action plan meets NJ Law N.J.S.A. 18A:40-12.8) (Physician's Orders)







(Please Print)			proved Plan available at ww.pacnj.org		
Name		Date of Birth	Effective Date	Effective Date	
Doctor	Parent/Guardian (if ap	pplicable)	ble) Emergency Contact		
Phone	Phone		Phone		
HEALTHY (Green Zone)	Take daily control m	nedicine(s). Son a "spacer" – us	ne inhalers may be	Triggers Check all items that trigger	
You have <u>all</u> of thes  • Breathing is good  • No cough or wheeze  • Sleep through the night  • Can work, exercise, and play	Advair® HFA ☐ 45, ☐ 115, ☐ Aerospan™ ☐ Alvesco® ☐ 80, ☐ 160 ☐ Dulera® ☐ 100, ☐ 200 ☐ Flovent® ☐ 44, ☐ 110, ☐ 220 ☐ Ovar® ☐ 40, ☐ 80 ☐ Symbicort® ☐ 80, ☐ 160 ☐ Advair Diskus® ☐ 100, ☐ 250, ☐ Asmanex® Twisthaler® ☐ 110, ☐ Flovent® Diskus® ☐ 50 ☐ 100 ☐ Pulmicort Flexhaler® ☐ 90, ☐ Pulmicort Respules® (Budesonide) ☐ Singulair® (Montelukast) ☐ 4, ☐ Other	230 2 pu 1 1 1 1 2 pu 2 pu 1 1 1 inh 220 1 inh 250 1 inh 250 1 inh 180 1 0.25, □ 0.5, □ 1.0 1 un	HOW MUCH to take and HOW OFTEN to take it  02 puffs twice a day		
And/or Peak flow above	1241	<u> </u>		O Cigarette smoke	
CAUTION (Yellow Zone) IIII	your asthma, take  Continue daily control r	puff		xercise.  O Perfumes, cleaning	
You have <u>any</u> of the  Cough  Mild wheeze  Tight chest  Coughing at night  Other:  If quick-relief medicine does not help withing	MEDICINE  Albuterol MDI (Pro-air® or Prov  Xopenex®  Albuterol 1.25, 2.5 mg  Duoneb®  Xopenex® (Levalbuterol) 0.31,  Combivent Respirat®	ventil® or Ventolin®) _2 2 1 1 0.63,1.25 mg _1	puffs every 4 hours as neede unit nebulized every 4 hours a unit nebulized every 4 hours a unit nebulized every 4 hours a	it Osmoke from burning wood, inside or outside or outsi	
15-20 minutes or has been used more than 2 times and symptoms persist, call your doctor or go to the emergency room.  And/or Peak flow from to	<ul> <li>Other</li> <li>If quick-relief medic</li> <li>week, except befor</li> </ul>			a Foods:	
Your asthma is getting worse fast: • Quick-relief medicine not help within 15-20 in the properties of	Asthma can be a li  did minutes st s show alking blue  Asthma can be a li  MEDICINE  Albuterol MDI (Pro-air® or  Xopenex®  Duoneb®  Duoneb®  Xopenex® (Levalbuterol) 0	HOW MUC Proventil® or Ventolin®)	Illness. Do not wall to take and HOW OFTEN 4 puffs every 20 minutes 4 puffs every 20 minutes 1 unit nebulized every 20	to take it  This asthma treatment plan is meant to assist mot replace, the clinical decision-making	
A MAY A THREE OF THE PROPERTY OF HER PARTY BOY AS A STATE A STATE OF THE PARTY OF T	rmission to Self-administer Medication This student is capable and has been instructed in the proper method of self-administering of the	1 PARENT/CHARRIAN C	Physician's Ord	DATE	

Make a copy for parent and for physician file, send original to school nurse or child care provider.

PHYSICIAN STAMP

in accordance with NJ Law.

☐ This student is <u>not</u> approved to self-medicate.